

Warts / verruca are caused by various different types of HPV (virus) that often means recurrence can be possible and often multiple treatment sessions are needed.

Cryotherapy / Dry Needling

- Immediately after the treated area may swell and blister for a few days then go dark blue-black and red for a few weeks which is normal.
- For warts on the fingers, hands and feet only between cryotherapy sessions once the wound has healed normally about a 5-7 days later it can help to start a daily regime of covering the wart in zinc oxide tape (can get from amazon / chemist) and continue until your next appointment.
- We normally recommend 2-4 treatment sessions 4 weeks apart however in some cases it might need more.

Laser/ Surgery

- The wound will take about 10-14 days to heal and will heal like a deep graze.
- Should the area at any time get more painful, swollen and red then call us in case there is an infection.
- It will then be red for 2-3 months afterwards.
- Recurrence is still possible and if it looks like the wart is returning it is best to revisit the doctor for further treatment early to prevent it getting bigger.