

- Keep the wound dry for 2-3 days after the procedure.
- The stitches used:
 - ☐ are dissolvable – therefore no action needed.
 - ☐ are not dissolvable – stitch no..... need removing in..... days.
- For areas on the face - apply steristrips across the wound to support it for 1-2 weeks according to the doctors instructions.
- For areas on the body or limbs - apply steristrips for 2-4 weeks according to the doctor's instructions.
- For the scalp - simply applying vaseline will suffice and can wash as normal after 2 days.
- For all wounds, change dressings every 2-3 days and clean with soapy water when changing.
- Try to limit movement around the wound especially if on your back, legs or arms for at least 1-2 weeks post procedure as any excessive movement may cause the wound to open.
- In some cases cysts wounds are left open to drain and dressings applied that are changed or packed with Inadine or Aquacel every 2-3 days as needed.
- If there is any bleeding, apply firm pressure to the area with some clean tissues for about 20 minutes until bleeding has settled.
- Increasing pain or tenderness around the wound after 3-7days could be sign of infection. Contact your doctor if this happens.
- Let the wound settle for at least 3-4 weeks before applying any scar gels such as bio-oil, kelocote silicon gel. These can then be massaged firmly into the wound for 3 months to help with the scar.
- If your removed lesion was sent for testing (histology) we will send you a secure email 2 weeks later with the results.
- The wound will initially be red and slightly raised for about 2-3 months, which is normal. This will flatten and fade to a white line over 6-12 months.

If you have any problems, signs of infection, worsening pain or need further aftercare advice. CALL 0207 386 0464.